

anger

- ☐ "Stop!
You're
hurting me."
- ☐ "Stop! I
don't like
that."
- ☐ Count to 10
- ☐ Talk to an
adult.
- ☐ Do
something
else.
- ☐ "May I play
when you are
finished?"
- ☐ "You have 5
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then I'll have
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- ☐ "If you use
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